

**Maine Maternal and Infant Mortality Review Panel**  
**Bereavement Services/Resources for Families who Have Experienced the Death**  
**of an Infant or Mother**  
**May 1, 2010**

**Local Bereavement Services/Resources**

**Bangor Area Visiting Nurses** – Provides bereavement services to their clients. Serves Bangor area, southern Penobscot and parts of Hancock County and Waldo County.

885 Union Street, Suite 220, Bangor, ME 04401, phone – 207 973-6550, [www.bavn.org](http://www.bavn.org)

**Compassionate Friends Maine Chapters** – Provides support to family members and friends after the death of a child.

**Dover-Foxcroft**

TCF of Piscataquis County

(877) 969-0010

[tcfgloriadavis@yahoo.com](mailto:tcfgloriadavis@yahoo.com)

Meeting Info: Call the National Office for contact information (877-969-0010 - toll-free)

**Houlton**

TCF of Southern Aroostook

Contact: Lori

Meeting Info: 2nd Wednesday/month 6:30 pm Houlton Regional Hospital - Hartford

**Lewiston**

TCF of Lewiston, Maine

(207) 388-3368

Contact: Kathleen

Meeting Info: 2nd Wednesday/month 6:00 pm OCR room D'Youville Pavilion – 102 Campus Avenue

**South Paris**

Chapter Name: TCF of Oxford Hills

Chapter Number: 2263

(207) 336-2781

[bink@megalink.net](mailto:bink@megalink.net)

Contact: Belinda

Meeting Info: 1st Tuesday of each month 6:00 pm Haskell House

**Bereaved Parents Support Group, Franklin Memorial Hospital** – Contact: Rhonda Wiles, Franklin Memorial Hospital, 1 Hospital Drive, Farmington, ME 04938, 778-5911, [www.fchn.org/fmh](http://www.fchn.org/fmh), Support group for parents who have lost a child. Serves Franklin County.

**Center for Grieving Children**, 555 Forest Avenue, Portland, ME 04104, 775-5216, [www.cgcmaine.org](http://www.cgcmaine.org) – Provides support for children, occasionally groups for parents of children as the need arises – useful for siblings. Serves southern Maine.

**Guidance Through Grief Support Group** - Central Maine Medical Center – 6 week structured support group and education services. 12 High Street, Lewiston, ME 04240, 777-7740. Serves Androscoggin, Franklin, Kennebec, Oxford, Sagadahoc counties.

**Hospice of Hancock County** - 14 McKenzie Avenue, Ellsworth, ME 04605, 667-2531, 888-266-8035, [www.hospiceofhancock.org](http://www.hospiceofhancock.org), Provides group and individual bereavement services. Serves Hancock County.

**Hospice of York** – Medical Office Building Basement, 16 Hospital Drive, York, ME 03909, 363-7000, [www.hospiceofyork.com](http://www.hospiceofyork.com). General bereavement support and Living with Loss Support Group, a 10 week general support group for persons who have experienced a loss. Appropriateness of group may depend on make-up of group. Serves York County.

**Hospice Volunteers Center for Grief and Loss in Mid Coast Maine**, 45 Baribeau Drive, Brunswick, ME 04011, 729-3602, [www.hospicevolunteers.org](http://www.hospicevolunteers.org) – Provides a variety of bereavement services from groups to peer counseling depending on the need of the individual. Serves Cumberland, Androscoggin and Sagadahoc counties.

**Hospice Volunteers of Somerset County, Inc** - 19 Pleasant Street, Skowhegan, ME 04976, 474-7775, Support group for adults who have experienced a death. Serves Somerset County.

**Hospice Volunteers of Waldo County** - 119 Northport Avenue, Belfast, ME 04915, 930-2677 – Has a large resource library open to the public with specific section on infant deaths. Match trained volunteers for 1 on 1 support. Sometimes run groups depending on the need. Serves Waldo and Knox counties.

**Hospice Volunteers of Waterville Area** - 304 Main Street, Waterville, ME 04903, 873-3615, [www.hvwa.org](http://www.hvwa.org), Provides a variety of bereavement services, including a support group for parents who have experienced the loss of an infant, miscarriage or stillborn, 1 on 1 volunteers and lending library. Serves Kennebec County and Waterville area.

**Maine SIDS Foundation** – Serving all of Maine. Support group meetings held Tuesdays at 7 pm, 22 Bramhall Street, Portland. Contact: Michelle Corson, 207-474-6478 voice/fax e-mail to: [mcorson@somtel.com](mailto:mcorson@somtel.com).

**March of Dimes - Maine Chapter** - 60 Gray Road, Unit 8, Falmouth, ME 04105, 878-1199, 800-668-5678, <http://www.marchofdimes.com/maine/> - Bereavement materials for families with a loss from conception through the first month of life. Information and links to other resources. Serves entire state.

**Now I Lay Me Down to Sleep** - <http://www.nowilaymedowntosleep.org/home/> - A nonprofit organization that provides photography services for families who have lost an infant. Volunteer photographers can be found on the website and will come to the hospital or hospice and conduct a private portrait session. Time and services are donated. NILMDTS is supported through donations.

**Pine Tree Hospice** – 895 West Main Street, Dover-Foxcroft, ME 04426, 564-4346, [www.pinetreehospice.org](http://www.pinetreehospice.org). Provides general bereavement support group. Offers the Evergreen program for children who have experienced the loss of a sibling. This includes a group for parents while their children are receiving services. Serves Penobscot, Piscataquis, Somerset counties

**Pregnancy and Infant Loss Support Group** – Contact Peg Bradstreet, 662-2827, Charles A. Dana Health Education Center, Classroom 10, Maine Medical Center, 22 Bramhall Street, Portland, ME 04102, Provides support and information for families who have lost an infant or experienced a miscarriage or stillborn death. Located in Cumberland County, serves entire state.

**Share Maine Groups** - Provide support to those who have lost a baby through early pregnancy loss, stillbirth, or in the first few months of life.

**Bangor – serves greater Penobscot area**

Empty Arms – A Share Pregnancy and Infant Loss Support Group

Contact: Pam Houston; Aimee Gerbi

Eastern Maine Medical Center

Phillips-Oliver 5

489 State Street

Bangor, ME 04402

Phone: (207) 973-8742 Pam; (207) 827-4364 Aimee

Fax: (207) 973-9844

Email: [phouston@emh.org](mailto:phouston@emh.org); [aimee.gerbi@gmail.com](mailto:aimee.gerbi@gmail.com)

**Sharing Through Experience Support Group** - 100 Campus Avenue, Lewiston, ME 04240, 212-9528 or 851-6029. Support group for adults who have lost an infant or pregnancy, meets 3<sup>rd</sup> Tuesday, 7 – 8:30 pm. Serves Lewiston and surrounding area. (Also Pregnancy and Infant Support Group for St. Mary's, 777-4300)

## **Internet Resources**

**AAP – American Academy of Pediatrics** - <http://www.aap.org/>

**Maine Chapter**, Aubrie Gridley Entwood, 160 Fifth St., Auburn , ME 04210-6717

[aentwood@gmail.com](mailto:aentwood@gmail.com)

**Babies Remembered Consulting:** <https://www.babiesremembered.org> - Offering personal, professional, and facility and organizational services such as: Program Evaluation, Development, and Expansion, Education, Speakers, Caregiver Support, Identification of Resources, Perinatal Loss Birth Planning, Companionship, Peer Support Training, etc.

**Centering Corporation** - <https://www.centeringcorp.com/catalog/index.php> - Provides education and resources for the bereaved, with many books and pamphlets for those who have experienced an infant loss.

**Compassionate Friends** - <http://www.compassionatefriends.org/> - Though its national office, internet resources and local chapters (Maine chapters listed above), The Compassionate Friends provide support to family members and friends after the death of a child.

**First Candle** - [http://www.firstcandle.org/health/health\\_beguidelines.html](http://www.firstcandle.org/health/health_beguidelines.html) - Provides guidance and resources to bereavement professionals such as clergy, medical professionals and funeral directors who are dealing with an infant death.

**Share** - <http://www.nationalshareoffice.com/index.shtml> - Through internet resources and local chapters, (Maine chapter listed above). Share provides support to those who have lost a baby through early pregnancy loss, stillbirth, or in the first few months of life.

**Sudden Infant Death Syndrome and Other Infant Death – SIDS Network Website** - <http://www.sids-network.org/> - Through online resources, the purpose is to provide support to those who have experienced the loss of a baby due to SIDS.

**Twinless Twins Support Group International** - <http://www.twinlesstwins.org/> - Web resources for parents who have lost a twin.

## **General Resources**

**211 Maine** - <http://211maineportal.communityos.org/> - Provides program description and contact information for services across the state. Search: grief, bereavement services, infant death, mental health services, counseling services.

**General Counseling and Supportive Resources** - In addition to the resources specific to infant death listed above, general counseling services and/or a person's faith community and related pastoral services might also be appropriate referrals.

## **Pregnancy Loss - Bibliography**

Allen, M. & Marks, S. (1993). Miscarriage: Women Sharing from the Heart. Hoboken, NJ: John Wiley & Sons.

Davis, Deb. (1996). Empty Cradle, Broken Heart: Surviving the Death of Your Baby. Golden, Colorado: Fulcrum Publishing.

Douglas, A. & Sussman, J. (2000). Trying Again: A Guide to Pregnancy after Miscarriage, Stillbirth and Infant Loss. Dallas: Taylor Publishing.

Horchler, Joani Nelson & Rice, Robin. (2003). SIDS & Infant Death Survival Guide. Maryland: SIDS Educational Services.

Isle, Sheroke & Nelson, Tim (2008). Couple Communication After a Baby Dies. Minnesota: Wintergreen Press.

Isle, Sherokee. (2008). Empty Arms-Coping with Miscarriage, Stillbirth and Infant Death, Surviving the First Hours and Beyond. Minnesota: Wintergreen Press.

Isle, Sherokee & Burns, Linda Hammer. (2001). Miscarriage: A Shattered Dream. Minnesota: Wintergreen Press.

Isle, Sherokee. ( 1993). Precious Lives, Painful Choices: A Prenatal Decision-making Guide. Minnesota: Wintergreen Press.

Kluger-Bell, Kim. (2000). Unspeakable Losses: Healing from Miscarriage, Abortion, and Other Pregnancy Loss. Minneapolis: Quill Publishers.

Kohn, I. & Moffitt, P. (2000). A Silent Sorrow: Pregnancy Loss: Guidance and Support for You and Your Family. London: Routledge.

Kushner, Harold. (1981). When Bad Things Happen to Good People. New York: Shocken Books.

Lanham, Carol. (1999). Pregnancy After a Loss. Berkley: Berkley Publishing.

Limbo, R. & Wheeler, S. (1986 and 2003). When a Baby Dies. LaCrosse: Resolve Through Sharing [1<sup>st</sup> printing].

Peppers, L. & Knapp, R. (1985). How To Go On Living After the Death of a Baby. Atlanta: Peachtree Publishers.

Schwiebert, P. & Kirk, P. Still to Be Born: A Guide for Bereaved Parents Who Are Making Decisions About Their Future. Portland, OR: Perinatal Loss Company. Phone (503)284-7426